

Index to *Throwaway Players: the Concussion Crisis from Pee Wee Football to the NFL*

- academic achievement, 112–114
- aggression, 9, 18, 24, 28, 43, 44, 137
- Aikman, Troy, 65–66
- Alzado, Lyle, 28–29
- Alzheimer's disease, 60, 101, 126
- Ames, Tavia Jo, 7
- anabolic steroids
 - Dianabol, 18–19, 22, 28, 41, 42
 - efficacy of, 26
 - legal aspects, 24
 - myth of drug-free heroes, 20, 23–24, 25
 - perception of, as benign, 41
 - reasons for use, 29, 30–31
 - side effects, behavioral, 9, 18, 24, 28, 43–44, 151
 - side effects, physical, 26, 27–28, 30, 42–43
 - use in high schools, 26–27, 41
 - See also* Courson, Steve; “*Legal Issues Relating to Football Head Injuries*”; player size
- Anabolic Steroids Control Act of 1990, 24

- Baltimore Colts, 10
- Batista, Judy, 67, 149
- Beard, Rob, 7
- Bell, Rickie, 89
- benefits. *See* disability claims; retired players
- Billichick, Bill, 34
- Blount, Le Garrette, 7
- body mass index (BMI), 18, 104
- Boston University School of Medicine, 58, 66
- Bowlin, Mike, 7
- Bradshaw, Terry, 66
- brain
 - healthy v. damaged, 74–75
 - injury susceptibility of teenage brain, 69
 - repetitive trauma to, 61, 62–65, 76
 - See also* chronic traumatic encephalopathy (CTE); concussions
- Brantley, Scott, 124, 126–127
- Brooks, Derrick, 89
- Brown, Reggie, 3
- Bryant, Bear, 92
- Buffalo Bills, 2
- Burruss, Plaxico, 5–6

- Butkus, Dick, 92

- Canesco, Jose, 29
- Carson, William G., on healthy competition, 117–118
- Center for the Study of Traumatic Encephalopathy (CSTE), 58, 66, 73, 118–119
- Chambers, Wally, 36–37
- Chaney, Matt, 40–41
- cheating in college, 113
- chronic traumatic encephalopathy (CTE)
 - assisted living for affected players, 137
 - cases, 46–48, 52–53, 56, 60, 129, 132
 - Center for the Study of Traumatic Encephalopathy (CSTE), 58, 66, 73, 118–119
 - defined, 58–59
 - frequency of, 108
 - in high school football players, 66
 - See also* concussions; Tau protein
- CIBA (pharmaceutical company), 41, 42
- Cicarell, Frank, 96
- Clark, Dan, 26, 150
- coaches
 - importance in Pee Wee football, 120
 - overriding of physician orders, 33–34
 - parent volunteers, 117–118
- cognitive impairment, mild (MCI), 60
- College Football Hall of Fame, 91, 94
- competition, 30–31, 117–118
- concussions
 - consequences of (CNN news report), 74–77
 - in girls and women, 69–73
 - helmet standards, 79
 - identification of, 62, 68, 75–76
 - NFL Handbook on, 59
 - physician opinions, 49–50, 52–53, 55
 - in sports, generally, 77–78
 - Sports Legacy Institute findings, 118–119
 - sustained by Gay Culverhouse, 57–58, 61, 134
 - in youth football, 119–121

Index to *Throwaway Players: the Concussion Crisis from Pee Wee Football to the NFL*

- See also* chronic traumatic encephalopathy (CTE); Tau protein; *individual player accounts*
- conflicts of interest
 sporting goods industry, 79
 team physicians, 37, 38–40
- congressional hearings and testimony, 24, 32.
 See also “*Legal Issues Relating to Football Head Injuries*”
- Congressional Research Service (CRS) report, 38
- Conservation of Momentum law, 105
- Consumer Products Safety Commission, 79
- contracts, 63, 108
- Conyers, John, 38, 60
- Cornell University, 46
- cortisone injections, 37, 39–40
- Courson, Steve, 16–25, 43
- Crowder, Randy, 92
- Culverhouse, Gay
 as college student, attitude toward football, 41–42
 daughter, Susan, 30, 44–45
 dislike of injections, 111
 horseback riding accident, 57–58, 61
 House Judiciary Committee testimony, 38–40, 124–125
 Players' Outreach Program, 125, 127, 134–136, 140
 as president of Tampa Bay Buccaneers, 13
 research methods, 123–124
 view of NFL, 11–12
 as a woman in football business, 13–14
 See also Tampa Bay Buccaneers
- Culverhouse, Hugh, 10–14
- Culverhouse/McKay partnership, 140–141
- Currier, Glen, 28
- “*Dark Days Follow Hard-Hitting Career in the NFL*” (Schwarz), 33–34, 151
- deaths, 25, 44–56
- dementia, gridiron. *See* chronic traumatic encephalopathy (CTE)
- dementia pugilista, 55
- Detroit Lions, 2–3
- Dianabol, 18–19, 22, 28, 41, 42
- Dilaudid, 32
- disability claims
 barriers to access, 106, 109–110, 127
 denial of, 53, 55
 percentage receiving, 108
 for pre-1993 players, 100–101
- Ditka, Mike, 109
- Dobler, Conrad, 106, 150
- Dolan, Jim, 49–50
- Dooley, H. Kay, 41
- Ducks (University of Oregon), 7–8
- Dulac, Gerry, 66
- Eckwood, Jerry, 129, 130–133
 88 Plan, 132–133, 136, 142
- Eisenberg, John, 106–108, 149
- Embry, Garrett, 7
- encephalopathy, chronic traumatic. *See* chronic traumatic encephalopathy (CTE)
- ergogenic aids
 growth hormones, 114–116, 117, 149
 insulin, 116
 level of play and, 29
 in middle school and high school, 26–27, 31, 41
 See also anabolic steroids; player size
- Everett, Kevin, 2
- Faugham, Donal, 50
- Favre, Brett, 68
- Fisher, Nathan, 110
- Florida State University academic fraud case, 113
- Food and Drug Administration, U.S., 114, 115
- football as a business, 38–39, 40, 97, 133. *See also* youth football leagues
- Football Physics: the Science of the Game* (Gray i.e. Gay), 105, 150
- game demeanor, 84, 97
- Gay, Tim, 105, 150
- “*Getting Physical and Chemical*” (Lieber), 19–20, 150
- girls and sports, 69–73

Index to *Throwaway Players: the Concussion Crisis from Pee Wee Football to the NFL*

- Goldberg, Dave, 2
Goodell, Roger, 59, 125
Gray (i.e. Gay), Tim, 105, 150
Green Bay Packers, 65
gridiron dementia. *See* chronic traumatic encephalopathy (CTE)
Gridiron Greats, 109
Grimes, Randy, 35–36
Grimsley, John Glenn, 55–56
growth hormones, 114–116, 117, 149
Gruden, John, 139
Gupta, Sanjay, 73, 74–77
gynecomastia, 26
- Hamm, Mia, 69–70
Hargrove, Thomas, 104, 150
heart ailments, 18, 21, 30, 105, 126, 152
“*Heavy NFL Players Twice as Likely to Die before Age 50*” (Hargrove), 104, 150
helmets, 78–79
Henderson, Joe, 103, 150
Hero of the Underground (Peters), 34, 150
high school football
 academics and, 112–113
 concussions, 66, 67–68
 deaths, 66
 steroid use, 26–27, 41
 team physicians, 68–69
Highsmith, Arnie, 81
Hoge, Merrill, 104, 119–120
homelessness, 63, 135
hormones. *See* growth hormones
hospital/team alliances, 33
House of Representatives, U.S., Judiciary Committee. *See* “*Legal Issues Relating to Football Head Injuries*”
Hout, Bryon, 7
- injuries
 contributing factors, 104
 knee, 7, 17, 18, 22, 23, 106–107
 leg, 3
 player salaries and, 4–5, 101, 108
 public perception of, 132
 spinal, 2, 3, 57, 66, 100
 whiplash effect, 47, 63
 See also brain; Chronic Traumatic Encephalopathy (CTE); concussions; pain; safety in sports
insulin and insulin-like growth factor (IGF-I), 116
insurance, medical, 101, 105–106
Irsay, Robert, 10
Irvin, Michael, 103
- James, LaMichael, 8
Jasmon, Kelly, 68
Jauron, Dick, 2
job-seeking program, 5
Johnson, Ted, 34
Johnson, William, 21
Jones, Adam “Pacman,” 44
Joseph, Davin, 103–104
- Kelly, Chip, 7
knee injuries, 7, 17, 18, 22, 23, 106–107
Kockakian, Charles D., 40–41
- Lanier, Willie, 92
Lee Roy Selman Center, 136
leg injuries, 3
“*Legal Issues Relating to Football Head Injuries*” (House Judiciary Committee hearing)
 Culverhouse testimony, 38–40, 124–125
 Goodell testimony, 59
 Nowinsky testimony, 118–119
 Perfetto testimony, 60
Lieber, Jill, 19–20, 150
linebacker techniques, 96
literacy, 114
Lohr, Matt, 67
Long, Howie, 114
Long, Terrence Luther “T-Bone,” 51–52
Lorcet, 34
Los Angeles Rams, 10
- Manly, Dexter, 115

Index to *Throwaway Players: the Concussion Crisis from Pee Wee Football to the NFL*

- McCrary, Michael, 106–108, 149
McEwen, Tom, 89
McGwire, Mark, 29
McHale, Tom, 44–47, 63, 129
McKay, Corky, 138
McKay, John, 85, 86, 129, 138–140, 141
McKay, Rich, 137–141
McKee, Ann, 73, 74–77
memory loss
 drug use and, 128
 of specific athletes, 67, 71–72, 130, 131–132
 See also Chronic Traumatic Encephalopathy (CTE); concussions
Meyer, Urban, 8
Michener, James, 103
mild cognitive impairment (MCI), 60
Moon, Warren, 61, 62

National Collegiate Athletic Association, 113, 114
National Football Foundation, 91
National Football League (NFL)
 Alumni Association, 101
 awarding of team franchises, 10–11
 on concussed players, 59, 67
 draft, 31–32, 85
 Handbook, 59
 job-seeking program for retirees, 5
 player salaries and injuries, 4–5, 101, 108
 Player's Association (NFLPA), 109–110, 144, 152
 Retired Players Association, 100
 Rules and Competition Committee, 137
 services for retired players, 140, 142–147
National Operating Committee on Standards for Athletic Equipment (Nocsae), 79
neurologists, 68–69, 75
New England Patriots, 2, 25, 34
New York Giants, 3, 5
NFL. *See* National Football League (NFL)
Nitschke, Ray, 92
Noll, Chuck, 22–23
Nowinski, Christopher, 118–119

Oakland Raiders, 2
obesity in retired players, 106, 145. *See also* player size
O'Keeffe, Michael, 106, 150
Olympic athletes, 41
Olympic Committee, International, 114, 115
Omaha, Bennet, 50, 52–53, 55
“*Once the NFL's 'Dirtiest,' Conrad Dobler Tries to Piece Life Together After Football Ravaged His Health*” (O'Keeffe), 106, 150
Oriard, Michael, 103

pain
 medication for relief, 32, 34–35, 37
 playing through, 68, 84, 99–100
parent education, 117–122, 136–137
Pee Wee football. *See* youth football leagues
peer pressure on children, 31, 81
Percoset, 32
Perfetto, Eleanor, 60, 136
performance-enhancing drugs. *See* anabolic steroids
Perkins, Ray, 65
Perry, William “Refrigerator,” 104
Peters, Jason, 34, 150
physicians
 neurologists, 68–69, 75
 non-NFL, 40, 107
 team, 33, 37, 38–40, 68
Pittsburgh Steelers, 22–23, 48, 51
“*Play Hard, Die Young*” (Omalu), 52–53
player size
 body mass index (BMI), 18, 104
 obesity in retired players, 106, 145
 offensive line, 25
 risk of death, 150
 steroid use and, 19, 30, 95, 104–105
Player's Association, NFL (NFLPA), 109–110, 144, 152
Police Athletic League (PAL), 81–82
Pop Warner Football. *See* youth football leagues
Pride and Perseverance (Dobler), 106

Index to *Throwaway Players: the Concussion Crisis from Pee Wee Football to the NFL*

- Prine, Carl, 108, 109, 150
“*Pro Football Bigger, Faster, and Some Say, More Dangerous*” (Henderson), 103–104, 150
punch drunk syndrome, 55
- quarterbacks, 64–66
- Reaves, John, 125
recombinant human growth hormone (rhGH).
 See growth hormones
retired players
 benefits, listed, 142–147
 88 Plan, 132–133, 136, 142
 expansion of benefits program, 152
 Gay Culverhouse Players' Outreach Program, 125, 127, 134–136, 140
 heart risks, 152
 job seeking program, 5
 obesity, 106, 145
 Retired Players Association, 100
Road Runner as symbol of invincibility, 61
Roberts, Greg, 125
Roethlisberger, Ben, 5–6, 64, 66–67, 149
Rosenbloom, Carroll, 10
Roy, Alvin, 40, 41
- safety in sports, 77–79
salaries, 4–5, 101, 108
Sallis, Robert, 69
San Diego Chargers, 40
Sanchez, Linda, 59
scholarships, 121–122
Schwarz, Alan, 33–34, 50, 62, 67–68, 69, 151
Selman, Lee Roy, 89, 136
Selman Center, 136
Shapiro, Leonard, 49–50, 151
“*Silence on Concussions Raises Risks of Injuries*” (Schwarz), 68, 151
Simms, Matt, 7
Smith, DeMaurice, 125
soccer, 69–70, 73
spinal injuries, 2, 3, 57, 66, 100
Spirit of Denial (Chaney), 40–41
Sports Concussion Institute, 61
Sports in America (Michener), 103
sports merchandise, 78
“*Sports People: Football, No Regrets, Says Utely*” (AP article), 2–3
Standards for Athletic Equipment, National Operating Committee on (Nocsae), 79
Stern, Robert, 66
steroids. *See* anabolic steroids
Stingley, Darryl, 2
Strzelczyk, Justin, 49–51
suicide and suicide attempts, 51, 52, 53, 54
Super Bowl, 12–13
- Tampa Bay Buccaneers
 franchise history, 10–11
 organizational golf club memberships, 14
 sexual harassment by players, 44
 team physicians, 68–69
 Toys for Tots promotion (1984), 16
 See also Culverhouse, Gay
Tampa Bay Chamber of Commerce, 14
Tatum, Jack, 2
Tau protein, 47, 52–53, 58, 71–72, 132, 134
Taylor, Lawrence (LT), 3
Testaverde, Vinny, 65
testosterone, 40–41, 51
Texas A&M, 92
Theismann, Joe, 3
Title IX, 69–70
Trenton, Adam, 28
Trojans (USC). *See* University of Southern California (USC) football
- Udall, Tom, 79
Ultimate Fighting Championship (UFC), 96–97
union, player's. *See* Player's Association, NFL (NFLPA)
University of Florida, 8, 111–112
University of Nebraska, 34
University of Oregon Ducks, 7–8
University of South Carolina, 21, 24
University of Southern California (USC) football, 83–85, 90, 91, 93

Index to *Throwaway Players: the Concussion Crisis from Pee Wee Football to the NFL*

- Upshaw, Gene, 32
U.S. Food and Drug Administration, 114, 115
U.S. House of Representatives, Judiciary Committee hearing. *See* “*Legal Issues Relating to Football Head Injuries*”
Utely, Mike, 2–3
- Vicodin, 32, 34
Vincent, Troy, 62
violence in football
 as characteristic of game, 99
 off-field behavior, 4, 7–9
 player views, 103–104
 predictions for less, 96–96
 prevention of, 93–94
 spectator aspect, 1–2, 103, 124
 University of Oregon Ducks, 7–8
 view v. reality, 15
 See also anabolic steroids
violence in sport, 1, 3, 5. *See also* violence in football
- Von Bischoffhausen, Jack, 91, 96
Vonn, Lindsay, 77
- Ward, Hines, 67
Washington Redskins, 3
Waters, Andre “Dirty Waters,” 53–55
Webster, Michael Lewis “Iron Mike,” 48
Weinberg, Rick, 3
Welch, Mitchell, 131–133
Wentzel, Ralph, 60, 136
Wharton Wildcats, 89–90, 91
whiplash, 47
Williams, Doug, 129, 138
Williamson, Richard, 88
Winslow, Kellen, 7
Wood, Karen, 97–98
Wood, Richard “Batman,” 81–102, 129
 on beauty of football, 102
 coaching career and methods, 88–91, 93–94
 concussions, 98
 game demeanor, 84
 on injury and pain, 91–93, 98–100
 origin of nickname, 83–84
 professional football career, 85–87
 on steroid use, 95
 as youth and college football player, 81–85, 90, 91, 93, 98
 worker's compensation claims, 53
World Anti-Doping Agency (WADA), 116
Wyche, Sam, 88
- Yankton College, 28
Yaras-Davis, Miki, 110
Young, Steve, 64–65
youth football leagues
 coaching, importance of, 120–121
 concussions, 119–121
 parental role, 117–118, 121–122, 136–137
 Richard Wood and, 81–82
 safety, 78–80, 93
 sideline personnel, 136
 team physicians, lack of, 68
- Zatechka, Rob, 104
Zigler, John, 41, 42
Zimbalist, Andrew, 108